



# THE HISTORY OF AUSTRALIAN ROTARY HEALTH



In 1981, Ian Scott, a member of the Rotary Club of Mornington, Victoria, envisaged raising funds through Australian Rotarians to provide support for research - initially into Cot Death.

This became Australian Rotary Health, a national community service program. It has now allocated more than \$48 million to research, awareness and education.

The focus of research grants is currently "The Mental Health of Young Australians".

Australian Rotary Health has now allocated more than \$48 million to health research, awareness and education.

## Mental Illness

'Mental illness' and 'mental disorder' refer to a medically diagnosable range of disorders that result in a significant impairment of a person's thinking – or emotional/relationship abilities.

## Mental Health

Mental Health means emotional and mental well being. Mental health is much more than the absence of Mental Illness. It is the realisation of a person's potential and the sense of wellbeing.

## MENTAL ILLNESS FUNDING

### Mental Illness Research Grants    Mental Illness Postdoctoral Fellowships

Australian Rotary Health provides research project grants for up to three years per project, with focus on mental health of young Australians.

### Mental Illness Research PhD Scholarships

Funding is also available for PhD research studies. The Ian Scott Scholarship program provides financial support to PhD students conducting research into mental illness, with focus on general mental health.

Australian Rotary Health also offers four Fellowships of three years duration, to early career researchers in the area of Mental Illness, with focus on prevention of mental health disorders.

These are named after the first four chairmen of Australian Rotary Health:

Royce Abbey Postdoctoral Fellowship  
Geoffrey Betts Postdoctoral Fellowship  
Colin Dodds Postdoctoral Fellowship  
Bruce Edwards Postdoctoral Fellowship



Lift the Lid on mental illness campaign raises annual funds for mental health research through ARH

Mental illnesses are just like other illnesses such as heart disease, diabetes and asthma. Unfortunately, the sympathy and support provided to people with a physical illness is often denied to those with a mental illness.

## OTHER HEALTH PROJECTS...

### Funding Partners: Research in all Health Areas - PhD Scholarships

The Funding Partners program helps to provide funds for medical research in areas other than mental illness.

If an individual or club wants to provide funding for a particular area of research – for instance heart disease, Australian Rotary Health will also contribute and arrange contributions from the scholar's university.

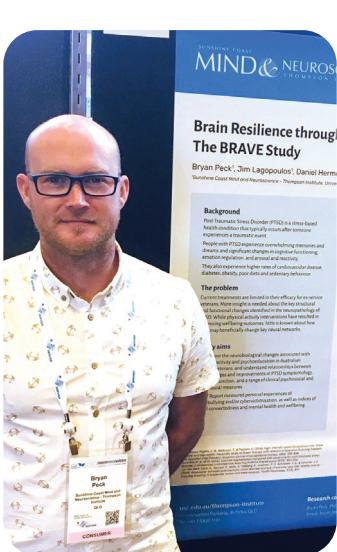
### Indigenous Health Scholarships

This program assists Indigenous Australians who are undertaking a health related university course. An annual scholarship of \$5,000 – provided jointly by Rotary Clubs and Government is awarded to the student to try and encourage more Indigenous people to become doctors and health professionals – eventually providing better medical care in the remote areas of Australia.

### Scholarships for Medical and Nursing Students in Rural Areas

Rural Medical Scholarships and Rural Nursing Scholarships provide an incentive for students to complete their final years in a rural or remote area.

Scholarships for Medical and Nursing Students in rural areas are supported by private benefactors and individual Rotary Clubs.



Australian Rotary Health is a registered charity, conceived by a Rotarian and supported by most Rotary Clubs in Australia.

However, it is NOT exclusive to Rotarians.

Australian Rotary Health is governed by an honorary Board of Directors and advised by an honorary Research Committee of eminent medical research professionals,

most of whom are not Rotarians.

Anyone can become a "Friend of Australian Rotary Health" and any tax deductible donation made is recorded and credited to the donor. "Friends" become "Companions" as their donations increase.

To become a "Friend", complete the coupon on the reverse side and enclose your remittance, which will continue to work in perpetuity funding health research projects.



Rotary  
Districts of Australia

