

ABOUT US

Australian Rotary Health focuses on the mental health of 0-12 year olds.

Australian Rotary Health (ARH) is one of the largest independent funders of mental health research within Australia. Established in 1986, ARH has now funded over **\$55 million** in research.

While we do provide funding into areas of health that do not readily attract funding, we also play a significant role in spreading awareness of mental health issues through our **Lift the Lid** campaign.



ARH Chairman
PDG Stephen Humphreys

Mounting evidence that early intervention can prevent mental illness has prompted the Board to change its research focus to the 0-12 year age group.

MENTAL HEALTH RESEARCH PROGRAMS

► Research Project Grants

ARH provides research project grants for up to three years per project, with focus on the mental health of 0-12 year olds.

Dr Sophie Li
Mental Health of 0-12 year olds Research Project Grant Recipient



Anna Horton
Ian Scott PhD Scholarship Recipient



► Postdoctoral Fellowships

We offer mental health postdoctoral fellowships in honour of the first four ARH Chairmen; *Royce Abbey, Geoffrey Betts, Colin Dodds and Bruce Edwards* to support researchers in their early career.

Dr Louise Birrell
Bruce Edwards Postdoctoral Fellowship Recipient



► Ian Scott PhD Scholarships

Created in honour of the founder of ARH, these mental health scholarships provide financial support to PhD students.

OTHER FUNDING PROGRAMS

► Indigenous Health Scholarships

These scholarships are given to Indigenous tertiary students to support the barriers of tertiary qualification in Australian Indigenous populations. They are jointly funded by a Rotary Club/District, the State/Federal Government and ARH.

Brigette Treloar
Rural Medical Scholarship Recipient Sponsored by Rotary Club of St Peters, SA



Tara Lal
Funding Partner PhD Scholarship Recipient Co-funded by Rotary Clubs NSW

► Funding Partner PhD Scholarships

ARH engages with a variety of funding partners to provide research PhD scholarships in other areas of health. Individuals or Rotary Clubs/Districts can co-fund these projects alongside ARH.



Mollie Scofield
Indigenous Health Scholarship Recipient Sponsored by Rotary Club of Toowong, QLD

► Rural Medical and Nursing Scholarships

These scholarships provide incentive to medical and nursing students to pursue a career in rural Australia upon graduation. They are supported by private benefactors and or individual Rotary Clubs.

Mental illnesses are just like other illnesses such as heart disease, diabetes and asthma. Unfortunately, the sympathy and support provided to people with a physical illness is often denied to those with a mental illness.

Australian Rotary Health is a registered charity, conceived by a Rotarian and supported by most Rotary Clubs in Australia. Australian Rotary Health is not exclusive to Rotarians. Australian Rotary Health is governed by an honorary Board of Directors (the Board) and advised by an honorary Research Committee of eminent medical research professionals, most of whom are not Rotarians. Donors can become Friends or Companions of Australian Rotary Health. Donations are accumulative and so Friends can become Companions. Any donation equal or more than \$2 is tax deductible.

Supporting healthier minds, bodies and communities through research, awareness and education.



Rotary Districts of Australia



HOW YOU CAN SUPPORT US

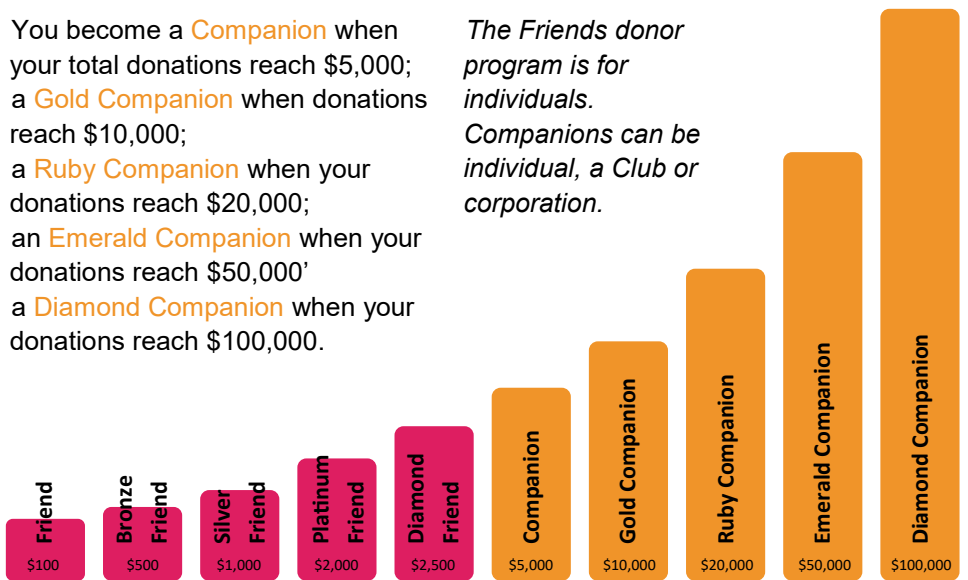
Become a Friend or Companion of Australian Rotary Health

Any donation to Australian Rotary Health is a start. All donations you make are accumulative.

You become a **Friend** when your total donations reach \$100;
 a **Bronze Friend** when donations reach \$500;
 a **Silver Friend** when donations reach \$1,000;
 a **Platinum Friend** when your donations reach \$2,000; and
 a **Diamond Friend** for total donations of \$2,500 or more.

You become a **Companion** when your total donations reach \$5,000;
 a **Gold Companion** when donations reach \$10,000;
 a **Ruby Companion** when your donations reach \$20,000;
 an **Emerald Companion** when your donations reach \$50,000'
 a **Diamond Companion** when your donations reach \$100,000.

The Friends donor program is for individuals. Companions can be individual, a Club or corporation.



Lift the Lid on Mental Illness

Lift the Lid on Mental Illness is Australian Rotary Health's national fundraising initiative for mental health research. You can support the Lift the Lid initiative by hosting a Hat Day, sponsoring a Lift the Lid Walk, or other events to raise funds for Australian Rotary Health.

Use the hashtag **#LiftTheLidOnMentalIllness** on social media!



LIFT THE LID
on mental illness

For more information, visit our website:
www.liftthelidonmentalillness.com.au

Detach and **POST** to Australian Rotary Health, PO Box 6161, Norwest, NSW, 2153
 OR make a **DEPOSIT** to **BSB: 112 879, Account: 065 433 595, Ref: *Your Surname***
 and then **EMAIL** the below form or equivalent information to admin@arh.org.au
 (Ph: 02 88317 1900)

I wish to become a Friend of Australian Rotary Health

First Name(s): Surname:

Address: State: P/C:

Enclosed is my cheque for \$..... Please have my donation credited to the Rotary Club of
(Rotarian only)

I authorise Australian Rotary Health to deduct a one off donation of \$..... from my credit card account.

I authorise Australian Rotary Health to deduct a monthly quarterly annual payment of \$.....

Mastercard Visa Amex No: Exp:/..... CVC:

Signature: Please send me information on how to make a bequest.

Australian Rotary Health is a registered charity. Donations of \$2 or more are tax deductible.

